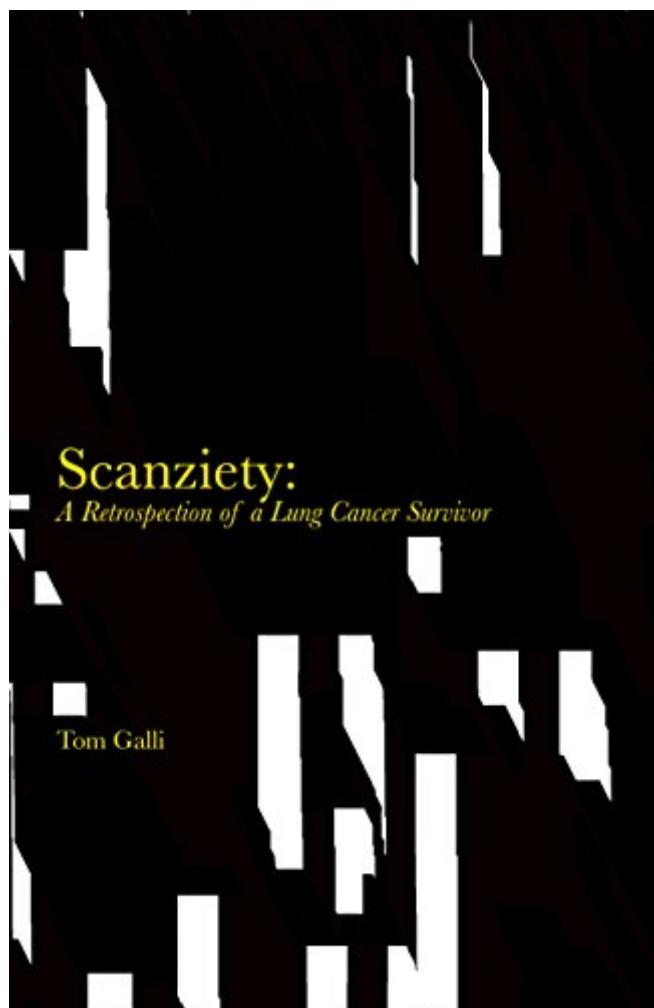


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# Scanziety: A Retrospection Of A Lung Cancer Survivor



## Synopsis

In a rare, autobiographical account of a patient undergoing lung cancer treatment, Tom Galli's *Scanxiety: A Retrospective of a Lung Cancer Survivor* recounts his story from surprise diagnosis to "No Evidence of Disease," or NED. Presenting with a large tumor nearly filling his right lung main stem bronchus, he leads readers through life changing experiences on an emotional roller coaster. Never alone during his ordeal, Tom is comforted and sustained by the love of his life, yet becomes gripped with anxiety before each periodic chest scan to monitor his condition. What does it feel like to endure uncertainty between diagnostic scans? How is repetitive treatment failure coped with? How is hope sustained when facing vast uncertainty? What does one look for in choosing a cancer treatment team? Why is lung cancer research underfunded? *Scanxiety* answers these questions as Tom describes his treatment history and its resulting effect on his life. At publishing, Tom has survived more than twelve years beyond late stage diagnosis—a medical and statistical anomaly. He didn't do it alone. His story points to the importance of a caregiver (in his case, wife Martha) and online cancer support communities who provide information and bolster the struggle to endure treatment. Tom's story brings to awareness an understanding of the ravages and prevalence of lung cancer, and the need to arrest its devastation. Through upswings and downturns, readers of this book will gain firsthand insight into a disquieting yet hopeful passage through episodes of scanxiety, a sensation experienced by lung cancer patients worldwide.

## Book Information

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## **Customer Reviews**

Written in the first person and detailing the authorÃ¢â€¢s difficult journey through the disease of lung cancer gave a perspective that could not be matched by any in the medical community. Tom takes the reader on the path from diagnosis through survival in a poignant narrative that is destined to help those who have had the misfortune to contract this awful disease and their loved ones. His honesty in reliving the many ups and downs of the maze of treatments was at times heart wrenching, and in some instances the reader saw some humor coming through. The strength and faith that were constants in this book were inspirational and will give hope to many. ScanZiety is invaluable to those whose lives this devastating disease has touched. I hope that elected officials in our government who hold the purse strings and dole out research money take a long, hard look at this narrative and ante up the funds for more research into more palatable treatments and finally, a cure. I was astounded to learn that aside from a couple of new modalities, there have been few changes or advances since my mother died from lung cancer over two decades ago. I would recommend this book to any medical professionals who treat cancer patients, to cancer patients and their family members, and to every legislator who has the power to advocate for research funding.

This book should be read by anyone who is or loves a cancer patient. The author has opened the door to the day to day anxiety and dread of the lung cancer world, but much of his tale can be applied to other cancer patients, who are walking their own unpaved roads. Cancer is a scary beast and Tom has given us an insight into the hidden bravery that is inside each of us. Scanziety is correct. The anxiety facing each patient as they countdown to their next scan is felt by everyone fighting against the beast. Read this book and see that there are no Lone Rangers. We are all fighting in this war together. Thank you Tom for bravely telling us your story.

This book describes in the first person narrative the gut wrenching experience of a person facing

lung cancer. Well written, compelling, informative, and positive, it explains in detail the events that this author went through to become a cancer survivor. Not only does it describe the events, but it also defines the alternatives available to a person stricken with this disease. The book is not a "gloom and doom" recital of the ravages of the disease; instead it provides a road map for the person facing this disease as well as a tutorial for that persons loved ones and what they can help and contribute as the patient goes through the healing process. But the book is more than a narrative intended for patients and their loved ones; it is a book of hope and knowledge that any person today should read!

Tom's story is one of survival. And while he admits that he himself does not know quite why he has survived so long, in his tale of his journey through the world of cancer treatment you can pick up the basic threads. If you are a cancer patient, his story can give you hope. Prayer has its place too, whether embodying God's will or simply the psychology of hope. But the greatest lesson here is his reminder not to lose sight of the main goal, which is to live fully in the moment and seek the joy hidden in each day. We are all born and we all die, and so what we do with the time in between is what gives worth and value to our lives.

I read the book and couldn't put it down!! I've heard the stories before since I'm a close friend to the Galli's but this time through reading the details felt as if I was right there going through each treatment and procedure with them both. Very compelling read to understanding what they went through and cancer in itself!! Åf Å Å, Å ^ Å Å•Åf Å Å, Å Æ'Åf Å Å, Å ^ Å Å•

Very well written, harrowing and hopeful true story. I'm normally a fiction reader but could not put this book down. Important not to give up hope.

As a survivor of Stage 4 cancer myself, I am painfully aware of the struggle that Mr. Galli has so eloquently described. He has captured the fear and uncertainty that a cancer patient, and caregivers experience. Thank you for sharing your journey with us. I wish you and your loving wife good health, and a long life.

It really gives you an look into what the treatment is like... If that doesn't stop you from smoking, I don't know what will! And he was very lucky to have had the stars align, great Doctors, and treatments that were new at the time... just at the right time for him. Glad he is doing pretty good

now.

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